



Fred, your commitment to me, your guidance, coaching techniques, making myself accountable in this game of life has given me a sense of clarity and an action plan in pursuing my purpose with passion and direction. You helped me get out of doing the same things in life, just for the sake of doing them.

I'm not sure how to sum up what you did for me, but what you did for me was and is priceless.

Thank you for giving me the opportunity to live my life with passion, and the courage to follow my purpose."

Ryan Miles
West Jet