

I learnt so much from your course and it really has changed my life for the better. I am much happier both at work and at home. You have made a great impact in my thinking.

Paul Cardwell
BMW

5 Critical Elements To Optimizing Your Business

Fred's life changed the moment he was told there was a possibility he could be in a wheel chair. This was the day Fred began living his true life, a life guided by purpose.

To embrace his journey, Fred implemented a system which is an accumulation of the minds of great leaders with an undeniable record of success.

Having the right attitude without a proven system of success is nothing more than *wishing* for a better life. Obtaining your fullest potential requires a consistent and proven system of success.

Prior to a flight, pilots conduct a Standard Operating Process (SOPs) to ensure the best chances of having a successful flight. To ensure you have the best chance at a successful life should you not have your own SOP?

Using compelling stories, which illustrate the best and worst days of his medical journey, Fred Sarkari, internationally respected expert in human behavior and bestselling author, gives an inspiring high content keynote presentation. Fred demonstrates to his audiences how the innate power of a proven system towards success can get you through any circumstance you may encounter in your personal or professional life.

During Fred's presentation participants will learn...

- The 5 principles all effective leaders have in common.
- What the top 5% leaders consistently do to obtain results.
- Ways to achieve a work-life balance.
- How to stop the "time treadmill", working every day and ending up at the same place.
- How you can reveal a company and individual's purpose.
- The ability to connect your goals to your purpose.
- **BONUS:** Fred's most valuable lesson, which took him over 10 years to learn.

Do not believe you can be a part-time leader. Whether in the boardroom, household, amongst friends or co-worker, we are all leaders.

Implement the essential steps you must take if you desire to become successful, while living your life with purpose and leading with value and direction.

Participating in numerous leadership workshops and arranging a number for Ontario Medical doctors and students.

Your session was, by far one of the most impactful in recent memory.

Patrick Nelson, Ontario Medical Association
Director, Public Affairs and Communications