

FRED SARKARI

Fred has spoken for employees including: Microsoft, Wells Fargo, BMW, Scotia Bank, Coca-Cola, Home Depot, CIBC, Royal Bank, Genworth Financial, Hilton Hotels, and many more.

With a background in Psychotherapy, Fred has lived and researched Human Behavior Patterns with a focus around emotional engagement in personal and professional relationships. He has been dubbed by the media as a human behavior expert.

He is also a best selling author of:

- How The Top 5% Think – Principles of great leaders
- Courage to be Naked
- 101 Exercises that will change your life and business