

Owner - Profile Fitness Training
Kasie Weiss

Hi again Fred!

Yes, I will say it again one last time! Thank you for organizing today! Your vision has been a huge success and unforgettable event, especially for me!

As I had mentioned earlier today, when we met and you had given me in inside scoop and great advice over sushi back in the Spring, I had made some life changes..... I left my financially rewarding and secure position as fitness manager at Goodlife, the passion was not in me working in the corporate world and I realized I was missing many opportunities to build my self and dream career up. I started up my business profile fitness again, and have taken my previous opportunity with Shaw TV to continue my volunteer program, as of a few weeks ago, Shaw has asked me to do a regular spot one time per week, promoting the community events. Its nothing crazy, but it gives me the opportunity to gain confidence and experience on camera. (skills I know I will need in the future).

I have also decided to go forward with the writing process for my book, I am trying to get my writing in daily... I look forward to the opportunity to show you my work and use your coaching and guidance to help take me to the next level in regards to my speaking goals.

You are an inspiration to me, and I wanted to let you know how much our meeting months ago has truly motivated me, I look forward to the day I have a platform and success behind me, so that I can help, educate and motivate others to follow their dreams, just as you have done for me!

Thank you from the bottom of my heart! Kasie