

Very informative despite time constraint – would probably enjoy more time.

Overall evaluation of this session – excellent

Laurie McCormack

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Very, very useful in my life and career. Brings back into focus the REAL part of our lives – desire / emotions etc.

Would love to be part of a workshop

Overall evaluation of this session - excellent

Grace Doiron

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Presentation was not just emotional motivation that only lasts 1 day but rather information and ideas on how to view things always. Can see value with longer time

Overall evaluation of this session - excellent

Michael Bram

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Very valuable time spent!

Thanks

Overall evaluation of this session - excellent

Julie Emery

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Very good presentation. You gave me something to think about. Goals are great and we must have them but I will put mine to paper now.

Overall evaluation of this session - excellent

Nicole Dawby-Shiells

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Enjoyed listening to your views and how I can relate situations to my life. I walked away with a new focus.

Overall evaluation of this session - excellent

Lisa McDougall

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Great – Too Short!

Overall evaluation of this session - excellent

Susan Kronschnabl

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Interesting, to the point relevant!

Overall evaluation of this session – Good

Laura Black

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Very motivational

Overall evaluation of this session - excellent

Alishia Belfour

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Good reminders of things that are buried inside

Overall evaluation of this session - excellent

Mike Walker

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Topical, well prepared, very good ideas

Overall evaluation of this session – good

Kevin Boucher

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Not enough time however the simple points made simple sense

Overall evaluation of this session – good

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Judo story was excellent. Overall, presentation was clear and interesting as well as the message.

Overall evaluation of this session - excellent

Mike Bentham

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Well spoken, good examples, very good

Overall evaluation of this session - excellent

Liz Cox

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Very informative, sit back and see the “big picture”

Overall evaluation of this session - excellent

Leanne

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Excellent! Some of us have always been 5 per centers – the 95’ers think were nuts but we keep going!

Thanks Fred!

Overall evaluation of this session - excellent

Marlene Clarke

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Great energy. It’s good to put things into perspective. I learned a lot and improved my confidence

Overall evaluation of this session - excellent

Julie Hutchins

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Great presentation!

Overall evaluation of this session - excellent

Arlene Merritt

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Shows how important attitude is to a successful life

Overall evaluation of this session – good

Liz Nesland

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Excellent, helps to revisit my priorities

Overall evaluation of this session - excellent

Norma McNeill

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