

Derrick Shirley
Harmony Counselling & Consulting
39 Burwell Road, St. Thomas, ON

Re: Letter of Recommendation for Fred Sarkari

To Whom It May Concern,

Fred Sarkari is a prolific speaker, educator and visionary. I have had the opportunity to hear Fred present on the area of leadership and human behavior several times. Each time I was struck by the passion with which Fred speaks and the profound insights he shares.

More specifically Fred excels in his ability to work with people on an individual level. His personal and forthcoming nature helps to create environments where individuals feel comfortable and understood. His keen ability to ask thought-provoking questions encourages people to rethink their patterns of behavior and connect with the cause and effect of their actions.

I have been so impressed with some of the individual activities that Fred has introduced in presentations that I have used them myself in counselling sessions. In essence, Fred's natural abilities, talents and gifts to connect with and understand clients are what many counselors and psychotherapists undergo formal training for. I can't imagine anyone being disappointed by their experience when working with him. My guess is they will be changed in profound ways as I have been.

Sincerely,



Derrick Shirley, MSc. CCC
Certified Canadian Counsellor
Harmony Counselling & Consulting for