

August 19, 2010



To Whom It May Concern:

It is with great satisfaction that I recommend Fred Sarkari to be added as a Keynote Speaker at the Canmore Life Fest. I have known Fred Sarkari for a few years now and have had the pleasure of attending previous engagements that he has spoken at.

Fred has always displayed a high degree of integrity, professionalism, and knowledge. He definitely is a leader in the area of Inspiration and when it comes to engaging his audience he achieves a positive and effective lasting impression in just a few moments. In addition to his excellent presentation skills, Fred displays a contagious passion that can fill any room.

As a speaker from last year's event, I am confident that Fred Sarkari will be an asset to the Canmore Life Fest and an added contribution to all who will be attending the event this year. I am happy to give my full and wholehearted endorsement.

Sincerely,

Dr. Amanda Ballas R.Ac., D.Ac., TCM  
Registered Acupuncture and Chinese Medicine

Calgary Sport Therapy  
500, 1060 7<sup>th</sup> Street SW  
Calgary, AB  
403.237.0121